



**ARTERIAL TOURNIQUET TRAINING  
DEVICE  
BLOOD OUT  
USER MANUAL**

1. Place the strap around the thigh as tightly as possible.



2. Secure the strap using the Velcro fastener



### 3. Attach the electronic device using the Velcro

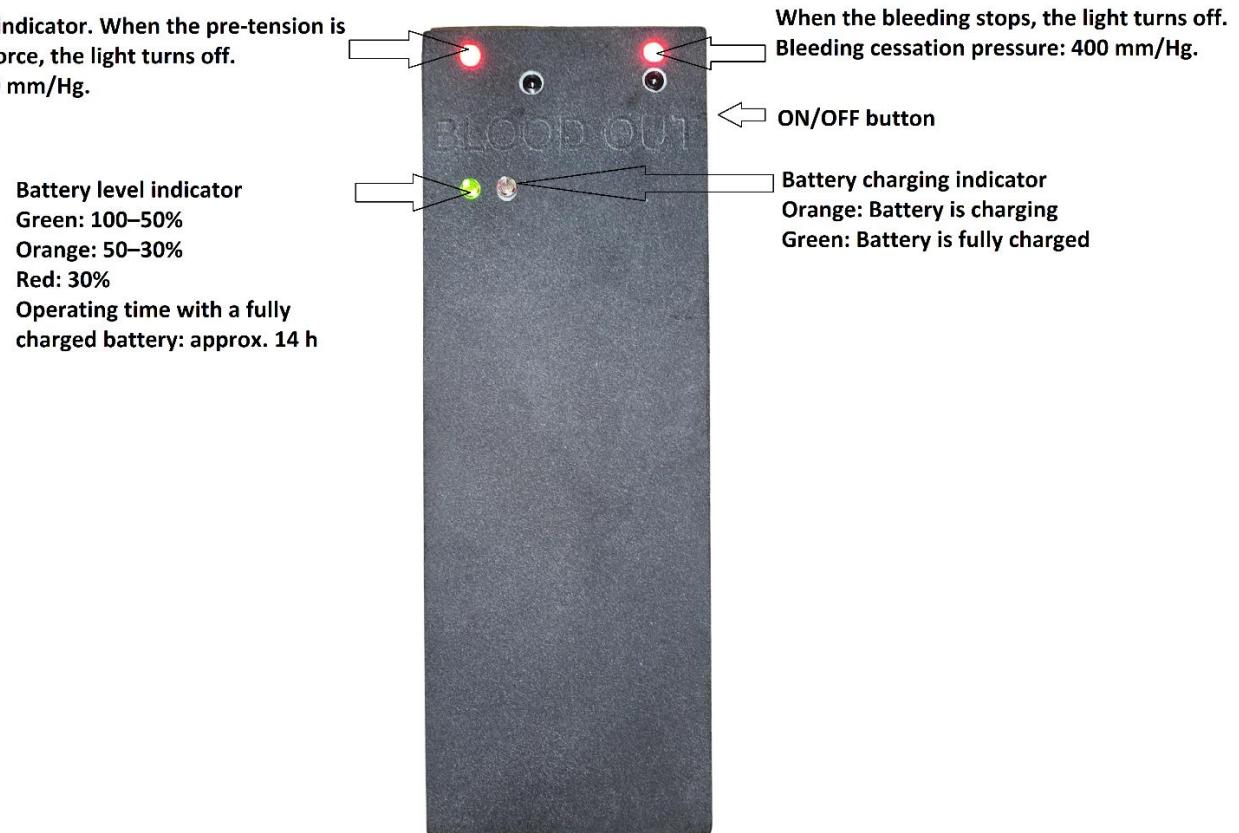


4. To prevent the strap from sliding down, secure it with the belt strap to your belt or a belt loop



## 5. Device buttons and LED indicators

Tourniquet pre-tension indicator. When the pre-tension is applied with sufficient force, the light turns off.  
Pre-tension pressure: 50 mm/Hg.



## Warnings

- Release the tourniquet immediately if you feel excessive pressure on the limb.
- Bloodout OÜ is not liable for any potential health damage or injuries.
- The device is splash-proof (IP44); do not use it outdoors in heavy rain.
- The warranty is valid for 6 months from the date of handover of the device. The warranty does not apply in cases of improper use of the device.
- If you have any questions, please feel free to contact:

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